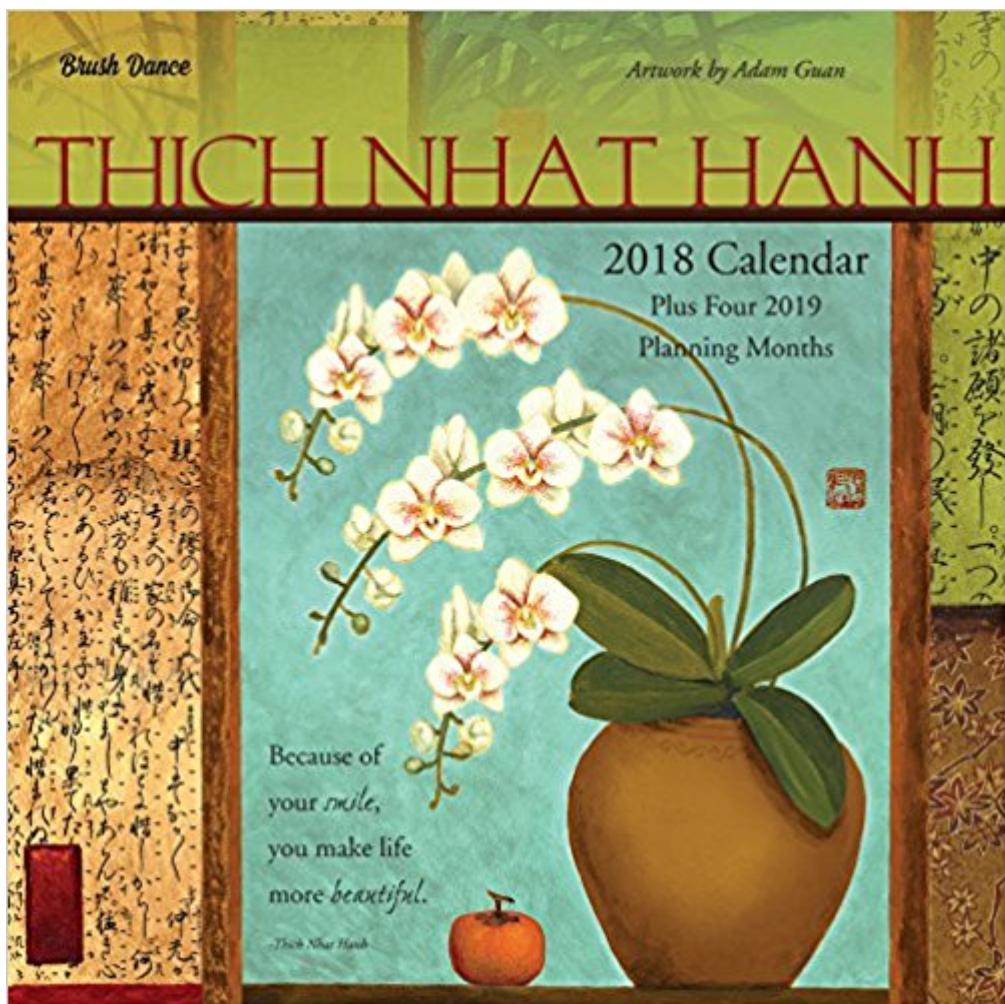


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Thich Nhat Hanh 2018 Wall Calendar



Synopsis

The words of Vietnamese Buddhist monk, poet, and activist Thich Nhat Hanh remind us how to find and make peace with reflection-inspiring art by Adam Guan. Monthly Quotes:January:Â The practice of peace and reconciliation is one of the most vital and artistic of human actions. - Thich Nhat HanhFebruary:Â Let us share the vision. And make it possible for great love to arise. - Thich Nhat HanhMarch:Â Peace begins with each of us taking care of our bodies and minds everyday. - Thich Nhat HanhApril:Â Be yourself. Life is precious as it is. All the elements for your happiness are already here. There is no need to run, strive, search, or struggle. Just be. - Thich Nhat HanhMay:Â With each step, a gentle wind blows With each step a flower blooms. - Thich Nhat HanhJune:Â Breathing in, I calm my body. Breathing out, I smile. Dwelling in the present moment, I know this is a wonderful moment. - Thich Nhat HanhJuly:Â Life can be found only in the present moment. The past is gone, the future is not yet here, and if we do not go back to ourselves in the present moment, we cannot be in touch with life. - Thich Nhat HanhAugust:Â We have more possibilities available in each moment than we realize. - Thich Nhat HanhSeptember:Â We are here to awaken from our illusion of separateness. - Thich Nhat HanhOctober:Â I am determined to speak truthfully - with words that inspire self-confidence, joy and hope. - Thich Nhat HanhNovember:Â With hearts established in mindfulness, we are truly present. - Thich Nhat HanhDecember:Â You are not an observer, you are a participant. - Thich Nhat Hanh

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